



SMILE WITH CONFIDENCE

DR. TIM SELLNER • DR. DOUG JONES

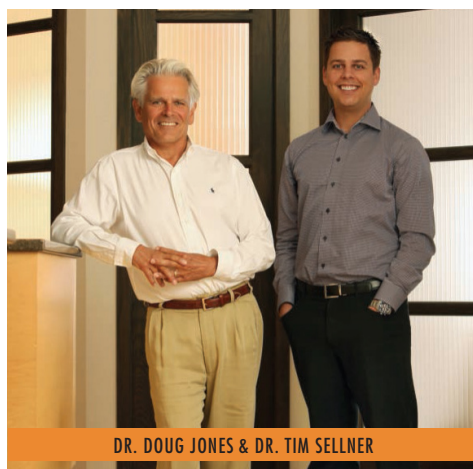
Protecting Your Smile

The Importance of Athletic Mouth Guards

Prevention is key when playing sports or participating in recreational activities and an athletic mouth guard is the best way to prevent an accident from injuring your teeth or gums. Ask us about custom-fit mouth guards to help protect you against chipped, broken, or even lost teeth.

DID YOU KNOW...

An average person spends 38.5 days brushing their teeth in their lifetime!



DR. DOUG JONES & DR. TIM SELLNER

Your world needs your
smile.

Tooth Sensitivity

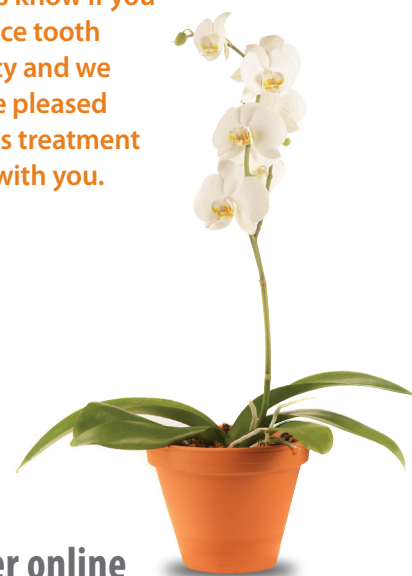


Sensitive teeth is a relatively common problem for many people, however there are ways to help manage the discomfort that tooth sensitivity may cause. Sensitive teeth can arise from a variety of problems including tooth decay, gum disease, gum recession, fractured teeth or fillings or cracks in teeth to name a few.

It is important to let your Dentist or Hygienist know if you are experiencing any discomfort from sensitive teeth. Through a personal assessment and examination they can help to identify any specific causes as well as recommend treatment options that are right for you.

There are also products available to help with your tooth sensitivity. These include specific toothpastes such as X-PUR™ and Sensodyne® products that contain ingredients which help to make teeth less sensitive when used over a longer duration of time. Other options may also be suggested including the application of a coating to your teeth that can be used to help minimize the discomfort from sensitive teeth.

Please let one of our team members know if you experience tooth sensitivity and we would be pleased to discuss treatment options with you.



www.techtowndentistry.com
Sign up today to receive the newsletter online

DID YOU KNOW... You can now submit your Appointment Request online.

TECHTOWN DENTISTRY CORE VALUES

KINDNESS • EXTRA MILE SERVICE • INTEGRITY • QUALITY

Accepting New Patients

Call 519.746.7333

The TechTown Dentistry Dental Health Advantage

We listen to what you want and together we develop an innovative plan and path to achieve your dental health goals.

Your plan is simple, balanced and focused and it fits into your lifestyle. Discover your opportunities to grow and protect your dental health confidence.

Our Patients Smile with Confidence.

The TechTown Dentistry Patient Charter of Rights

We believe you have the *Right* to **know**. So we promise to tell you what we see. And you have the *Right* to **choose** – what you feel is best for you and when and how to fit your choice into your lifestyle.

Dental Emergencies

In the event of a Dental Emergency outside of business hours, call our office for instructions on contacting the Dentist on call.

519-746-7333

Insurance Plans Accepted

We electronically file your claims for faster processing. Ask us for more information.

Hours

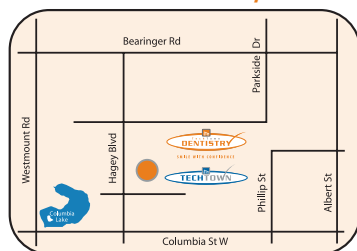
Monday to Thursday8am to 5pm
Friday8am to 2pm

Join us on Facebook



Watch for new product updates & information on maintaining your dental health.

TechTown Dentistry



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www.techtowndentistry.com

A Message from your Hygienist...

Electric Toothbrushes for Kids!



We are always looking for new products to keep our patients motivated about their dental health and are excited to announce that TechTown Dentistry is now offering Oral B Electric toothbrushes for children! Brushes are available in fun Disney characters for both girls and boys.

The benefits of an electric toothbrush are many. They are designed for smaller mouths and assist where dexterity and hand coordination are limited, which is common with children. Battery-powered brushes are also more effective in gentle plaque removal along the gum line, cleaning on the chewing surfaces, and help reach between the teeth – and they also make brushing fun!

An electric toothbrush does not need to be expensive in order to be effective – ask our team on your next visit which one they would recommend for you or your children.

Brushing cannot clean in between your teeth, so it is important to also floss or use another interdental tool every day.

Remember, healthy gums never bleed!



Caren & Alana

Team News:

Exciting News to Share about the TechTown Dentistry Team



Andrew, Caren & Jeff

Congratulations:

Congratulations to Caren and Jeff on the arrival of baby Andrew!

Welcome:

Rhonda is Dr. Jones' new Assistant. Valerie is covering Caren's maternity leave.

Professional Development –

An important part of our ongoing education

In November Dr. Sellner will be participating in a course regarding oral sedation.



Appointment Reminders

For your convenience we now offer both phone calls and email reminders through our new automated system.



We're proud to be recognized as a Platinum Winner in the Dentist category in the Waterloo Chronicle's Readers Choice Awards. Thank you for voting for us!



TechTown Dentistry was proud to support the KidsAbility Kids Can't Wait Radiothon helping to raise over \$288,466 for children in our community!

Accepting New Patients & Referrals We welcome referrals of your friends and family.

TECHTOWN DENTISTRY

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